



## Your Entire Family Benefits When You Take Care of Yourself

### A Closer Look at Cardiovascular Disease

Cardiovascular disease (CVD) is a class of diseases that affect the heart or blood vessels (veins and arteries). Some examples of CVD include arrhythmia, atherosclerosis, heart attack, stroke, high blood pressure, high cholesterol, and varicose veins. CVD can be caused by a combination of socio-economic, behavioral, and environmental risk factors, including high blood pressure, unhealthy diet, high cholesterol, diabetes, air pollution, obesity, tobacco use, kidney disease, physical inactivity, harmful use of alcohol and stress. Family history, ethnic background, sex, and age can also affect a person's risk of cardiovascular disease.

Clasp your hands together. That's the size of your 9-12 ounce heart. The human heart is only the size of a fist, but it is the strongest muscle in the body. Your heart is sort of like two pumps in one. The right side receives blood and pumps it to the lungs. The left side does the opposite, it receives blood from the lungs and pumps it out to the body. With every heartbeat, the heart pumps blood, carrying oxygen and nutrients to every part of the body, while carrying away metabolic waste, such as carbon dioxide and other toxins.

The heart beats around 72 times per minute, 100,000 times a day, 36.5 million times per year and pumps up to 7,500 litres of blood every day. Your heart is one hard worker and so is Heartdrops!

**Strauss Heartdrops®** help maintain cardiovascular health and reduce elevated blood lipids like cholesterol and triglycerides.

### Who can use the Heartdrops?

- Men & Women - (not recommended for those under 12 years of age)
- It's never too early or too late to start on Strauss Heartdrops
- Ridding of arterial plaques and toxins can be done as a prevention too!
- Anyone with mild sluggish circulation issues to those suffering from more severe CVD and diabetic peripheral arterial concerns.

### Suggestion for arterial cleansing:

- Therapeutic dose for 12 consecutive months and then maintenance dose.
- Follow label dosage

### Varicose veins and/or spider veins - to strengthen walls of the arteries, veins, and capillaries

- Reduces stagnant blue blood and pooling of blood, reducing the bluish look of the vein.
- When used consistently, prevents further spider veins occurring.

### Athletes

- Maintenance of cardiac health.
- Athletes should take the Heartdrops to increase O<sub>2</sub> and CO<sub>2</sub> exchange which decreases lactic acid build up.
- Experienced longer workouts with less recovery time resulting in less muscle fatigue and pain.
- Maintaining a healthy heart can give an athlete an edge in competition, as well as in the long run.

### Scholars

- Students have expressed more brain power and memory retention due to the increase in blood flow and circulating O<sub>2</sub>.
- Especially when combining the Heartdrops with Cardio Calm to de-stress the Central Nervous System and Autonomic Nervous System in cases of arrhythmia and anxiety, allowing for increased cognitive power.

### Why Liquid Herbal Tinctures?

- Best absorption. Liquid herbal tinctures deliver herbal benefits faster than other forms by removing phytochemicals out of their cellular and structural plant matrices and making them available for immediate absorption.
- Liquids partially bypass the digestive process.
- Liquid herbal tinctures deliver a more authentic representation of the plant. They convey much of the herb's smell, taste, color, as well as its stimulating, calming or other properties.
- Tinctures are typically quite gentle, safe and without many side effects, which makes them an ideal remedy for someone who doesn't feel comfortable taking medication or doesn't tolerate medication well.

### A Synergistic Blend of 8 Herbs for Cardiovascular and Arterial Support

**Aged Garlic bulb** is traditionally used in Herbal Medicine to help relieve the symptoms associated with upper respiratory tract infections and catarrhal conditions, as well as to help reduce elevated blood lipid levels and maintain cardiovascular health in adults.

**Cayenne fruit** Is traditionally used in Herbal Medicine to help support peripheral circulation. Cayenne has long been recognized as one of the most powerful cardio-stimulants known, with a primary influence on circulation, even when only very small amounts are consumed.

**Hawthorn** has a long-standing reputation as one of the most valuable tonic remedies for the cardiovascular system. While hawthorn fruit has Traditionally been used to strengthen and invigorate the heart and circulatory function, leaf & flower preparations have been most studied and shown to possess cardiogenic and coronary vasodilator properties.

**Motherwort** has been used in Traditional Herbal Medicine as an excellent cardiac tonic, being particularly useful for heart palpitations and cardiac insufficiency associated with anxiety and/or nervous conditions, especially when combined with hawthorn.

**European Mistletoe** in Traditional Herbal Medicine, when taken orally, acts as a cardiogenic and is cardioprotective. European Mistletoe helps balance heart rate and rhythm.

**Bilberry leaf** preparations are used Traditionally in Herbal Medicine for, among other things, poor circulation and circulatory disorders, functional heart problems, ocular health, and balancing blood sugar level.

**White willow bark** best known as a natural remedy for relief of fever and pain, may mildly potentiate the effects of anticoagulants and may therefore contribute, as a minor ingredient of Heartdrops®, to improving blood flow properties helpful in the support and/or maintenance of cardiovascular health.

### What to Expect taking Strauss Heartdrops

- Strauss Heartdrops is a blend of synergistic herbs to facilitate dissolving plaque buildup along artery walls, increase blood flow to the brain, hands and feet and aids in eliminating toxins and heavy metals from the entire body. It also helps to regenerate stronger heart cells which means that over time, the heart can function more efficiently.
- As you start taking the Heartdrops formula, you might see a very slight increase in your cholesterol reading within the first 3-month period. This is normal and is a sign that it's working as it slowly dissolves the plaque off the artery walls and circulates into your bloodstream, whereby the liver then breaks it down and flushes it out of your system.
- By approximately the 6-month mark, most people tell us their cholesterol readings have improved and often get a lower reading after taking our Heartdrops formula. It is recommended to take the Strauss Heartdrops formula for 12 consecutive months to ensure you receive the full benefits.
- If you are currently taking a pharmaceutical medication, it is advised to take Strauss Heartdrops 1-2 hours before or after taking your other medications.
- For optimal results please take as directed on the label.
- Heartdrops are designed to dislodge, dissolve, and eliminate years of plaque buildup (the goo).

Doctors, especially Cardiologists maintain that “you are only as old as your arteries”. They know that arterial aging wears out your brain, heart, kidneys and other organs as well as causing damage to hearing and eyesight.

Life is in your blood. Live well, Live longer. Your family will thank you.



References available upon request. © Copyright 2023 Strauss Naturals Ltd. All Rights Reserved.

Disclaimer: The information contained in this article is for educational purposes only. It is not intended as a substitute for the diagnosis, treatment, or advice of a qualified, licensed medical professional. The facts presented are offered as information only, not medical advice, and in no way should anyone infer that we are practicing medicine. Seek the advice of a medical professional for proper application of this material to any specific situation. No statement in this article or on our website has been evaluated by the Food and Drug Administration. Any product mentioned or described in this article or on our website is not intended to diagnose, treat, cure, or prevent any disease.