

### Prevention is Key

Did you know that low libido and erectile dysfunction in men, may have more to do with poor circulation than once was thought? Indeed, low libido and/or erectile dysfunction can have its roots partly in circulatory insufficiencies. Not to say that increasing circulation is the only answer, but instead, it may be a part of the solution.

### Let's look closer at the Strauss Heartdrops®

Strauss Heartdrops® aid in vascular as well as microcirculation, thereby increasing blood flow to extremities, which includes male genitalia. Furthermore, Strauss Heartdrops®' antioxidant value assists in preventing premature aging and is considered a functional natural medicine.

When men consider the risk of high cholesterol, high blood pressure, arterial plaques, and what these issues can potentially do to their overall health and performance, it is easy to understand the benefits of adding the Heartdrops® to their daily life. The Heartdrops® are known to balance cholesterol, decrease blood pressure and dissolve arterial plaques, among many other anti-aging effects.

Other health concerns men want to be aware of are Benign Prostatic Hyperplasia (BPH) and Prostatitis. BPH is a condition, whereby the prostate gland becomes enlarged as men age. When this happens, the prostate compresses the urethra, making it difficult to urinate, and void bladder completely. This sets up the stage for reoccurring kidney and bladder infections. Hyperplasia refers to the added cell growth that begins in younger men and then slows and continues throughout life. BPH is caused by a variety of circumstances, including excess estrogen, decreased blood flow and zinc deficiency.

According to some studies, BPH develops as an age-related phenomenon in nearly all men, starting at approximately 40 years old. The symptoms that patients typically seek treatment for are lower urinary tract symptoms, such as frequent urination and pain when urinating.

### Prostatitis

Prostatitis is inflammation or infection of the prostate gland. It may lead to urination problems, sexual dysfunction, fatigue and depression. Unlike most other prostate health problems, prostatitis occurs more often in young and middle-aged men.

### There are three types of prostatitis:

1. Non-bacterial prostatitis (the most common type) - may be caused by stress or irregular sexual activity.
2. Bacterial or viral prostatitis- may or may not be caused by an STI (sexually transmitted infection).
3. Prostatodynia - is chronic prostatitis, which may be bacterial in nature or could be the result of ongoing pelvic inflammation.



### Let's look closer at the Strauss Prostate Support Drops™ formula

Prostate Support Drops™ Indication of use - Used in Herbal Medicine to help relieve the urologic symptoms associated with mild to moderate benign prostatic hyperplasia (BPH), weak urine flow, incomplete voiding, frequent daytime or night time urination.

**Dosage:** Adult Males: take 1ml, 3 times per day. Take with food to minimize gastric disturbance. Do not take with highly acidic foods (e.g. citrus fruits/juice) or medications which may acidify urine. Take a few hours before or after any medication or natural health product.

### This Prostate Support Drops™ formula contains natural ingredients

- reduce water retention and increase urine flow
- contain hydroquinone derivative, arbutin, which is often used to treat nephritis, urethritis, kidney stones, & chronic cystitis
- antiseptic, astringent and antimicrobial properties-used in urinary tract infections
- soothe inflammation in bladder and kidneys
- neutralize acidity in urine—which reduces accumulation of uric acid in urine (alleviating gout)
- contain berberine, superoxide dismutase (SOD), catalase, glutathione peroxidase, which inhibits oxidative stress and inflammation on the kidneys, liver, pancreas and digestive tract.
- improves total antioxidant capacity and SOD levels and has shown to reduce C-reactive protein gently dissolves kidney and bladder stones
- contain fatty acids, collectively called, liposterols--shown to inhibit the enzyme responsible for converting testosterone to dihydrotestosterone (DHT)
- lowers androgens, such as testosterone & DHT, to a balanced level
- anti-tumor and antiviral properties



### Precautions with Strauss Heartdrops® & Prostate Support Drops™

Always see your healthcare provider, especially in the case of cancer, before starting on any new supplements.



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